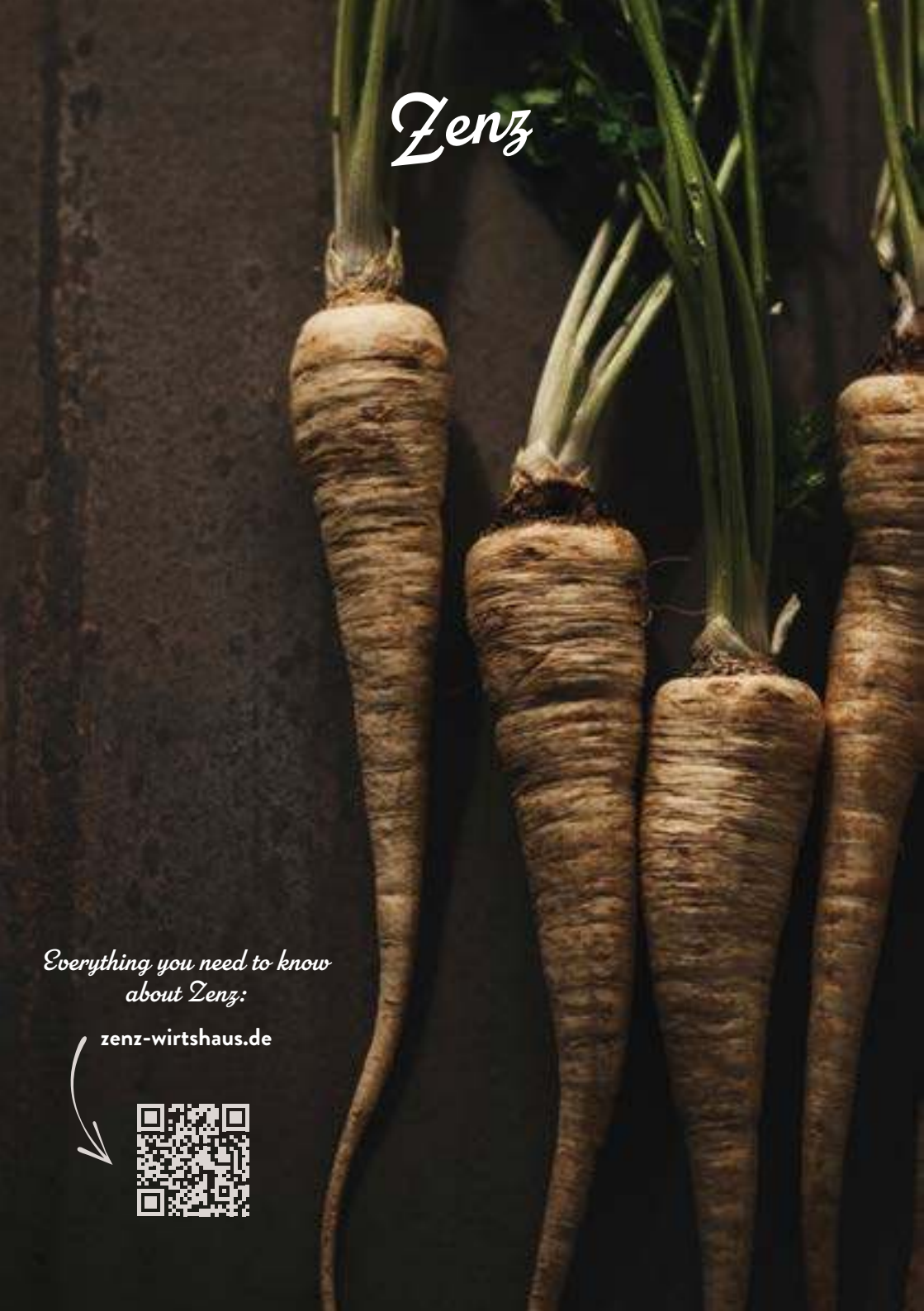

Zenz
FAVORITE FOODS

Zenz

Everything you need to know about Zenz:

zenz-wirtshaus.de



Zenz

Who is Zenz?

Zenz is the nickname for the old German woman's name Kreszentia, and to us it represents all the grandmothers, aunts, mothers, and many other women who cook our favorite foods with dedication, care and knowledge – who know their craft and love to pamper us with the fruits of their labor. People who care for us and make us feel at home. Food for body and soul in its original meaning.

That is also the style and aspiration of our kitchen in the **Zenz** Wirtshaus: honest and well-done, using regional products from local producers, carefully selected and sustainably grown – that's what **Zenz** stands for.

And since our **Zenz** doesn't believe that everything used to be better, she still has the passion to try new things. Thank goodness, because otherwise we would have to do without her modern twist on tavern food!

Her range of draft and bottled beers is just as flavorful and varied as her dishes. Carefully selected for flavor and variety, and produced by national and international brew masters, we use them in our dishes, mixed drinks or simply as the perfect liquid companion to our food.

But whether we're talking about beer or favorite foods – in all the things **Zenz** does, the most important thing to her is to bring a piece of real tavern culture to Mainz, to create a space to get together with friends that feels like home, where you always know you'll enjoy your time.

Your Zenz
and her team

Breakfast

DAILY UNTIL 12:00 PM

MEENZER BREAKFAST 6,60

Meenzer Spundekäs | Red Onion | Oven-Fresh Pretzel

SAVORY IS THE MAIN THING 13,90

Poached Egg | Bacon | Butter | Leberkäs | Salami |
Zillertal Mountain Cheese | Oven-Fresh Pretzel | Tavern bread

EGG EGG EGG 7,20

Scrambled Eggs with 3 Eggs | Seasonal Herbs | Tavern bread
... Butter with it? + 1,20

WHITE SAUSAGE 8,90

Two white sausages (Schuck country butcher shop) | Broth | Sweet mustard | Pretzel
... Additional 1 white sausage + 2,90
Mainzer Herrengedeck:
... White sausage and Allgäu wheat beer 12,90

LEBERKÄS WITH A FRYED EGG 16,90

Leberkäs | Fried egg | Potato and cucumber salad

Some of this, too?

BUTTER 1,20
HONEY 1,40
CREAM CHEESE 2,00
TAVERN BREAD 2,90

PORTION OF LEBERKÄS 4,90
PORTION OF SALAMI 3,70
PORTION OF ZILLERTAL MOUNTAIN CHEESE 3,70

Zenz



Ⓥ = Vegetarian = Vegan

All prices in Euro including legal VAT. Allergens and additives?
Ask for our list of allergens and additives
or scan the QR code on the back.



Zenz

Regional and sustainable

For our Zenz, regionality and sustainability isn't just talk – she lives it. And you can taste it on the plate and in the glass.

LOCAL BUTCHERS, like the Schuck butchery from neighboring Schwabenheim on the Selz have been trusted suppliers to our Zenz for years, whenever delicious sausages and meat were required.

The **WINES** at Zenz are from the region, grown no further away than 40km from her tavern.

At our Zenz, you can still experience that authentic, culinary **#MAINZGEFÜHL** – with our Mainz and Palatine sausage specialties, cheese spread, pretzels, and other local favorites. Because Zenz is proud of Mainz and her culture.

The Wünsch fruit and potato farm in Ingelheim supplies us daily with their homegrown **POTATOES** .

Starters

DAILY STARTING AT 12:00 PM

MEENZER SPUNDEKÄS 6,60
Seasoned soft cheese Mainz style | Red onion | Oven-fresh pretzel

SALAD OF MARINATED CHEESE 8,10
Salad of marinated cheese | Apple | Grape | Mustard caviar |
Red onion | Parsley | Sherry-balsamic vinaigrette | Tavern bread

GERMAN SAUSAGE SALAD 7,90
Strips of bologna-type sausage | Red onion |
Gherkin | Sherry-Balsamic vinaigrette | Tavern bread

Zenz SNACK 14,90
German sausage salad (salad with strips of bologna-type sausage,
red onion, gherkin and balsamic vinaigrette) |
Salad of marinated cheese | Seasoned soft cheese Mainz style |
Butter | Oven-fresh pretzel | Tavern bread

EGGS WITH GREEN SAUCE 9,90
2 eggs | Frankfurt Green Sauce | Fried potatoes

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Salad

Zenz LOOSE-LEAF LETTUCE 13,90

Loose-leaf lettuce | Cherry tomatoes | Cucumbers | Radishes | Pretzel croutons | Sunflower seeds | Balsamic Vinaigrette

SIDE SALAD 5,50

Loose-leaf lettuce | Cherry tomatoes | Cucumbers | Radishes
Balsamic Vinaigrette

Not enough?

ADD TO YOUR SALAD

... SLICED SCHNITZEL + 6,90

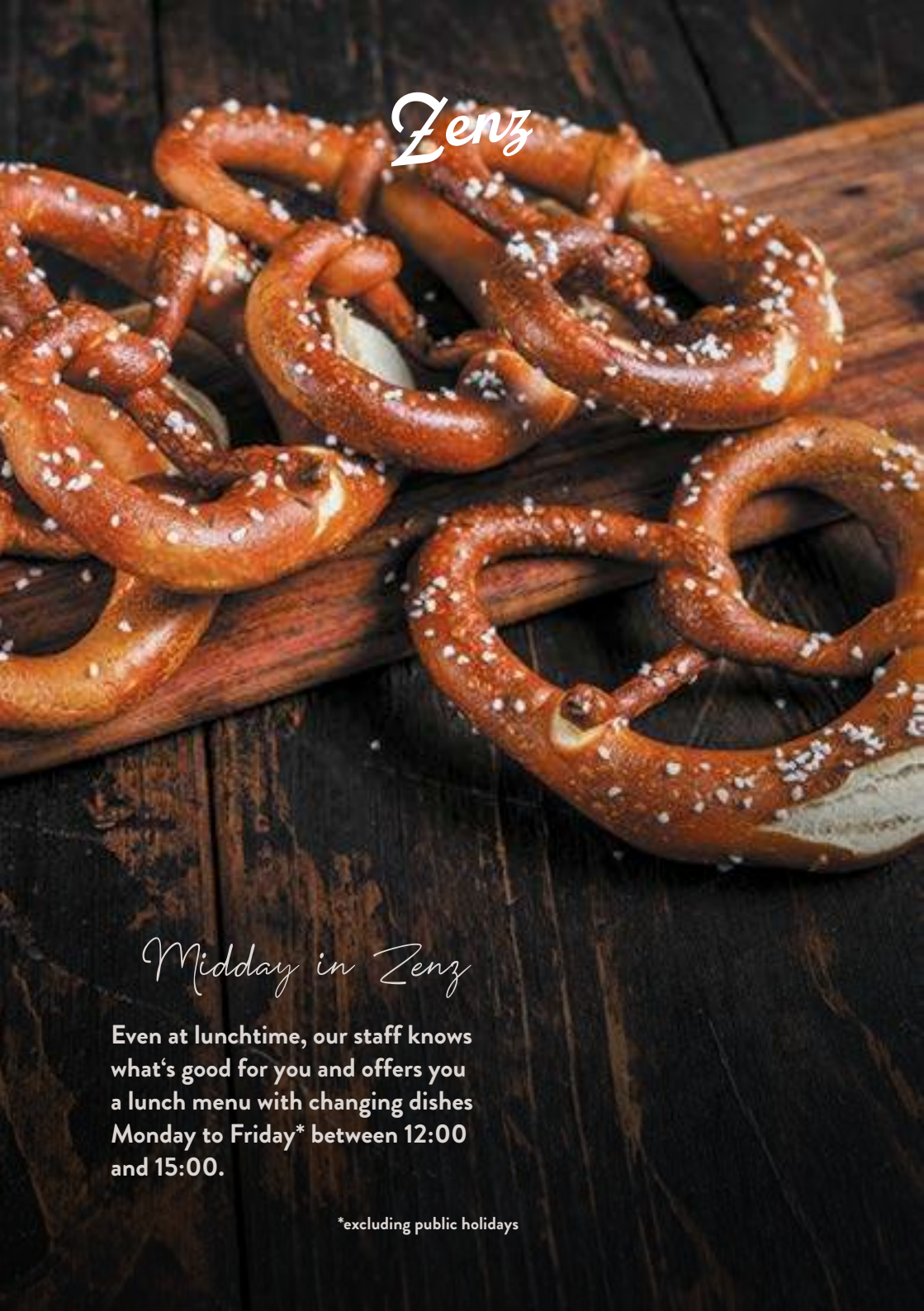
... FRIED CHICKEN STRIPS + 6,90

... BAKED CAMEMBERT + 5,90

Zenz



zenz-wirtshaus.de



Midday in Zenz

Even at lunchtime, our staff knows what's good for you and offers you a lunch menu with changing dishes Monday to Friday* between 12:00 and 15:00.

*excluding public holidays

Brizza

MAINZ FEELING 14,90
Pretzel dough | Mainz Spundekäs (a type of cheese spread) | Bacon | Red onion | Pulled Handkäs (a type of cheese) | Mini pretzels

GARDEN LOVE 14,90
Pretzel dough | Sour cream | Grilled vegetables | Goat cheese | Baby spinach | Mini pretzels

Zenz 14,90
Pretzel dough | Sour cream | Shredded knuckle | Red onion | White cabbage | Spring onion | Zenz-barbecue sauce | Mini pretzels

LOREEN 14,50
Pretzel dough | Sour cream | Bacon | Leeks | Zillertal Alpine cheese | Mini pretzels

Comfort Food

KNUCKLE 21,50
Front knuckle (750gr.) from the Allgäu straw-raised pig |
Dark beer jus | Potato dumplings | Cole slaw with bacon

TRAVERN SCHNITZEL 18,90
Crispy breaded pork cutlet (300gr.) | Lemon | Wild lingonberries |
Your choice of pan-fried potatoes or tavern fries

... your choice of

... dark beer sauce + 3,90
... mushroom cream sauce + 3,90
... ... caramelised onions + 3,90
... mit green sauce + 3,90
... ketchup / mayonnaise + 1,00

Zenz GOULASH 18,60
Beef goulash made with grass-fed beef | Red wine sauce |
Root vegetables | Buttered spaetzle

FRIED CHICKEN 16,90
Chicken Thigh | Potato and Cucumber Salad | Wild Cranberries

FISH 'N' CHIPS 16,90
Homemade breaded pollock fillet | Beer batter |
Remoulade | Potato and cucumber salad

PALATINE FARMER'S BRATWURSTS 15,90
Palatine farmers's bratwursts (local butcher Schuck) |
Riesling sauerkraut | Tavern bread | Zenz Mustard

ROAST PORK WITH CRACKLING 18,50
Pork belly (local butcher Schuck) | Dark beer jus |
Mashed potatoes | Root vegetables

RHENISH SAUERBRATEN 19,90
Sauerbraten from Schuck Butchers | Potato dumplings | Red cabbage | Gravy

LEBERKÄS WITH A FRYED EGG 16,90
Leberkäs | Fried egg | Potato and cucumber salad

Zenz

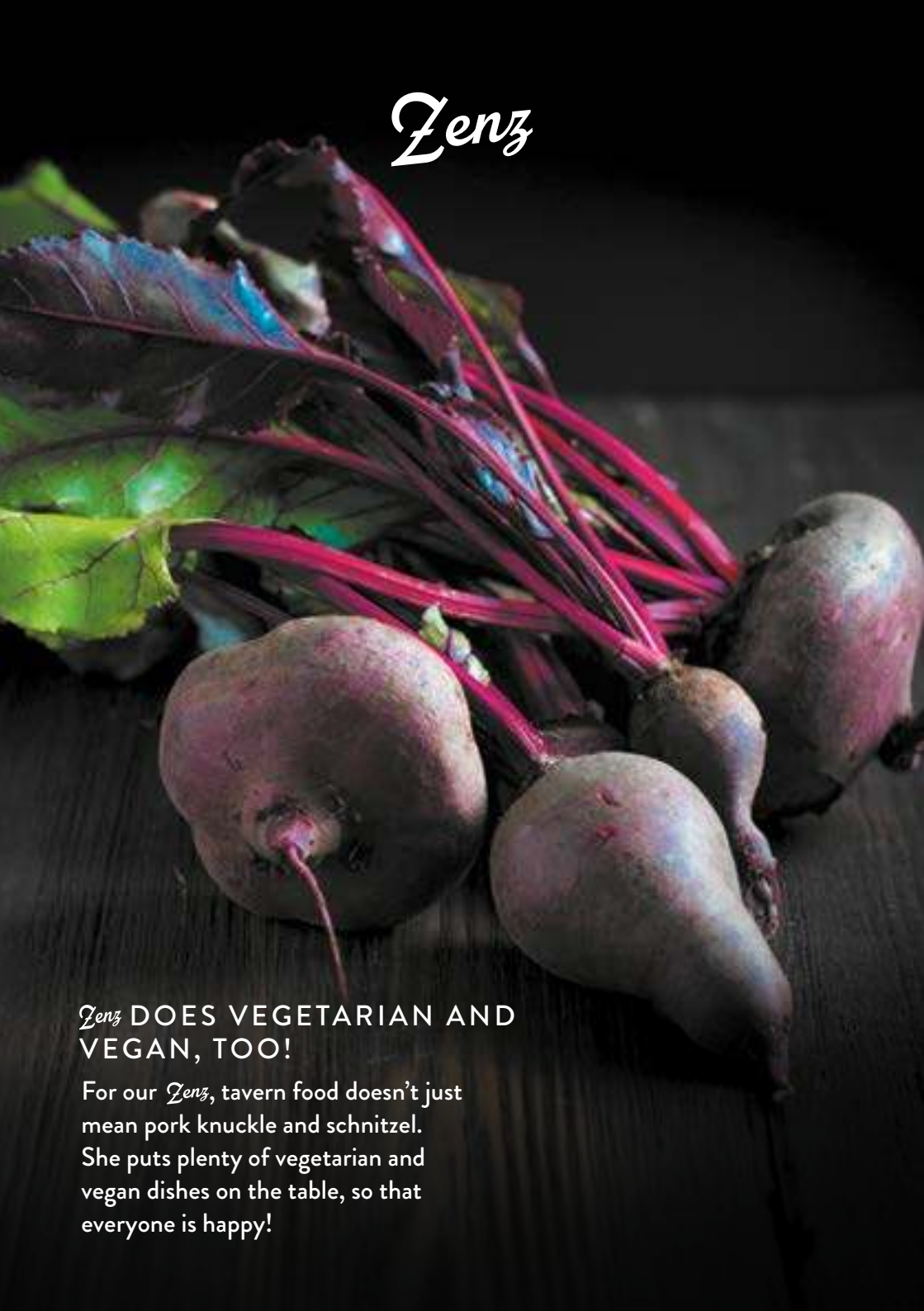


Change of sides: + 0,80

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Zenz DOES VEGETARIAN AND VEGAN, TOO!

For our Zenz, tavern food doesn't just mean pork knuckle and schnitzel. She puts plenty of vegetarian and vegan dishes on the table, so that everyone is happy!

Vegetarian

WIRTSHAUSKNÖDEL 14,90
Homemade bread dumplings | Mushroom cream sauce |
Baby spinach | Vegetable chips

ALLGÄU CHEESE SPAETZLE 15,40
Spätzle | Zenz cheese mix | Caramelized onions | Arugula pesto

Vegan

VEGAN SCHNITZEL 16,90
Vegan schnitzel made from wheat protein | Lemon | Wild lingonberries |
Your choice of pan-fried potatoes or tavern fries

LENTILS DAL 14,90
Red and yellow lentil stew | Aromatic spices | Tavern bread

Sides

SIDE SALAD 5,50

PAN-FRIED POTATOES 4,90

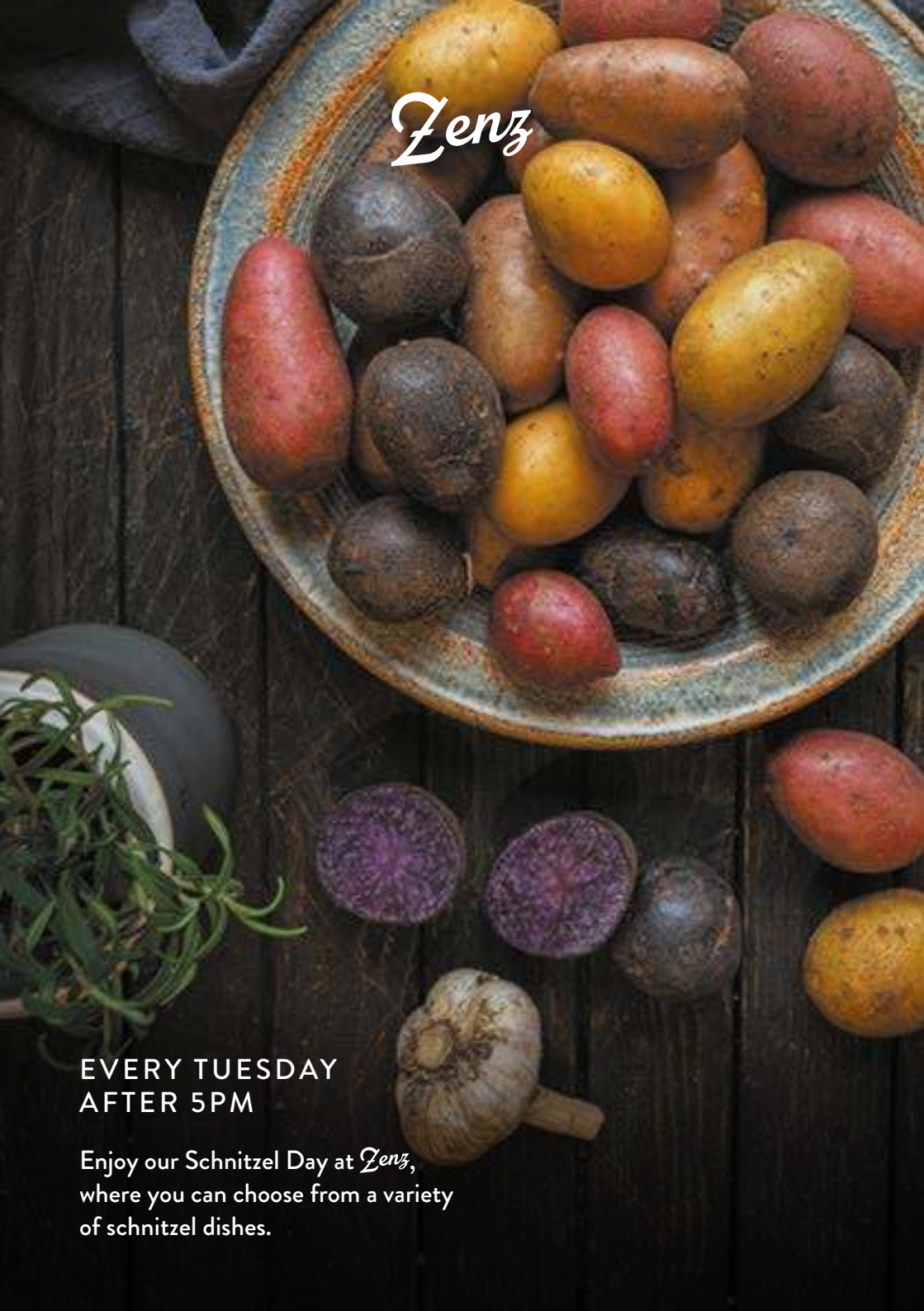
TAVERN FRIES 4,90

BUTTER SPAETZLE 3,90

MASHED POTATOES 4,90

COLE SLAW WITH BACON 3,90

POTATO CUCUMBER SALAD 4,90



EVERY TUESDAY AFTER 5PM

Enjoy our Schnitzel Day at *Zenz*, where you can choose from a variety of schnitzel dishes.

Zenz



Kids' Meals

Up to 12 years

LITTLE RASCAL SCHNITZEL 7,90
Choice of small turkey or pork schnitzel (120g) |
Ketchup | Tavern fries

CHEEKY CHEESE Ⓥ 7,00
Kid portion of cheese spaetzle

KIDS' FRIES Ⓥ 4,90

LITTLE LOOTER
Plate to share with mom and dad

Dessert

KAISERSCHMARRN Ⓥ 8,50
Fluffy Kaiserschmarrn | Cranberries | Raisins |
Roasted Almond Flakes | Wild cranberries

WARM CHEESECAKE 8,90
Creamy Center | Berry Coulis

YOU HAVE TO CELEBRATE FESTIVALS AS THEY COME!

And the best place to do this is, of course, at our pub. Here you're guaranteed a cozy pub atmosphere, beer, modern favorites like home-cooked meals, and the perfect ambiance you need for your celebration.

Interested? Feel free to contact us:
mainz@zenz-wirtshaus.de

Allergens + additives

ZENZ WIRTSHAUS GMBH
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